

Understanding Mental Health First Aid

(Activity Code: AGI-03-P104)

Monday 21st of March 6-7:30pm via WebEx

Target Audience: All Healthcare Professions

Aim: To reflect on the contribution pharmacists and other healthcare professionals, can make to the care of people experiencing mental illness.

Learning objectives:

1. To appreciate the contribution of pharmacists and other healthcare professionals, in providing services for people experiencing mental illness.
2. To reflect on the barriers and facilitators to providing mental health care in diverse setting.
3. To identify evidence based strategies to engage in mental health care.
4. To discuss innovative practice initiatives from Ireland and internationally.

Speakers:

Prof. Dolores Keating: BScPharm, DipPsychPharm, MSc, PhD, MCMHP, MPSI; Head of Pharmacy, Saint John of God Hospital

Moderator:

Dr. Monica Zolezzi: Associate Professor of Clinical Pharmacy and Practice, College of Pharmacy, Qatar University - Health

Event Schedule	
Speaker	Topic and schedule
Prof Dolores Keating 6pm -7:05pm	<ul style="list-style-type: none"> • To appreciate the contribution of pharmacists in providing services for people experiencing mental illness. • To reflect on the barriers and facilitators to providing mental health care in the pharmacy setting. • To identify evidence based strategies that support pharmacists to engage in mental health care. • To discuss innovative practice initiatives from Ireland and internationally.
Dr Monica Zolezzi 7:05pm – 7:30pm	Case study and discussion

* The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

* This activity is an Accredited group learning activity (Category 1) as defined by Department of Healthcare Professions - Accreditation Section (DHP - AS) and is approved for a maximum number of 1.5 Hours.

* CPD-HP (QU—Health) is accredited by Department of Healthcare Professions - Accreditation Section (DHP – AS) as a provider of continuing professional development.



Prof. Dolores Keating BSc(Pharm, DipPsychPharm, MSc, PhD, MCMHP, MPSI

Prof Dolores Keating is a pharmacist with almost 20 years' experience in psychiatry. Dolores qualified in 2000 having completed her undergraduate qualification at Trinity College Dublin. Following her initial experience working at a large acute teaching hospital, Dolores began her career at Saint John of God Hospital in Dublin as a senior pharmacist in 2003 and was subsequently appointed Head of Pharmacy in 2005. Saint John of God Hospital is an independent provider of mental health services with 183 inpatient beds. Care is provided for

people in the local catchment area in addition to a national secondary and tertiary referral centre. Dolores completed a Postgraduate Diploma in Psychiatric Pharmacy with Aston University followed by a Masters in Clinical Pharmacy with Queens University Belfast. In 2012 Dolores became a Credentialed Member of the College of Mental Health Pharmacy in the UK.

Dolores is passionate about the contribution pharmacists can make to the care of people experiencing mental illness. She has worked extensively with the profession in Ireland through the development and delivery of Continuing Professional Development, membership of the Mental Health Working group of the Irish Institute of Pharmacy and as National Liaison Pharmacist to the Mental Health Division of the Health Service. Between 2015 and 2018, Dolores project managed the introduction of the Mental Health First Aid Training and Research Programme in Ireland. Mental Health First Aid is an internationally recognised skills-based training programme supporting members of the public to communicate confidently with people experiencing mental health problems and encourage them to access appropriate help. MHFA Ireland has now trained over 10,000 people, and has been integrated into the undergraduate.



Dr. Monica Zolezzi BSc (Pharm) , MSc, PhD

Dr. Zolezzi received her undergraduate degree in Pharmacy and Biochemistry at the Catholic University Santa Maria in Arequipa, Peru. After receiving her Bachelor in Pharmacy in 1985, she went on to complete her Master of Science degree at the Faculty of Pharmacy and Pharmaceutical Sciences, the University of Alberta in Edmonton, Canada in 1988. She then completed an accredited Hospital Pharmacy Residency at the Calgary General Hospital in 1989. Following several years in hospital pharmacy practice (both in Canada and in Saudi Arabia), as well as in academia (both in Canada and New Zealand), Dr. Zolezzi obtained her PhD degree from the School of Pharmacy at the University of Auckland, New Zealand. In 2013, she also received her Advanced Prescribing Authorization from the Alberta College of Pharmacists,

Canada.



جامعة قطر
QATAR UNIVERSITY

الصحة
HEALTH

برنامج التطوير المهني المستمر للعاملين في القطاع الصحي
Continuing Professional Development of Health Professionals



Dr. Zolezzi's academic career started in 1988 through the Division of Continuing Pharmacy Education at the University of Alberta and the Alberta College of Pharmacists Centre for Continuing Education, developing and delivering many educational programs for pharmacists. During her academic appointment at the University of Auckland between 2003 and 2007, she also developed several post-graduate courses in distance delivery format (web-based), one of which (Renal Pharmacy) was offered to pharmacists at Sultan Qaboos University Hospital in Oman during 2012. Dr. Zolezzi has also instituted clinical clerkships for undergraduate and graduate students, and has trained pharmacists to become preceptors, both through cross-appointments with the University of Alberta and with the University of Auckland. She has also taught and mentor pharmacy students in the undergraduate and PharmD programs at the University of Alberta, as well as residents through the Canadian Society of Hospital Pharmacists residency program.

Throughout her career, Dr. Zolezzi has participated in several research projects and has authored a number of peer-reviewed publications, presentations and research posters in the area of clinical and hospital pharmacy practice. Her most recent research interest, which was dedicated towards the completion of her PhD at the University of Auckland, was related to the implementation of pharmacist-led programs for the prevention and management of cardiovascular disease. Her research has also focused on the rational use of medications in the geriatric population and in people with mental illness.