



Social Determinants of Health and clinical outcomes: The case of Diabetes

(Activity Code: AGI-03-P103)

Monday 28th of March 6-7:30pm via WebEx

Target Audience: All Healthcare Professions

Aim:

This activity aims at presenting the evidence-based data (worldwide, regional and local) on the roles of the social determinants of health as facilitators or barriers in the management of diabetes, as well as their impact on diabetes care and health outcomes. It also aims at providing the knowledge and skills to identify and overcome some of these determinants in clinical practice and highlight the importance of a multidisciplinary healthcare team in this regard.

Learning objectives:

1. Recognize the significance of social determinants of health in diabetes management
2. Acquire techniques to assess certain social determinants of diabetes
3. Develop interdisciplinary strategies to overcome social barriers in diabetes management

Speakers:

Dr. Maya Bassil: Human Nutrition Department, College of Health Sciences, QU health, Qatar University

Moderator:

Dr. Ola Sukkarieh: Alice Ramez Chagoury School of Nursing, Lebanese American University, Byblos, Lebanon

Event Schedule	
Speaker	Topic and schedule
Dr. Maya Bassil 6pm -7:05pm	Recognize the significance of social determinants of health in diabetes management Acquire techniques to assess certain social determinants of diabetes Develop interdisciplinary strategies to overcome social barriers in diabetes management
Dr Ola Sukkarieh 7:05pm – 7:30pm	Case study and discussion

* The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

* This activity is an Accredited group learning activity (Category 1) as defined by Department of Healthcare Professions - Accreditation Section (DHP - AS) and is approved for a maximum number of 1.5 Hours.

* CPD-HP (QU—Health) is accredited by Department of Healthcare Professions - Accreditation Section (DHP – AS) as a provider of continuing professional development.



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Dr. Maya Bassil, Associate Professor of Human Nutrition.

Dr. Maya Bassil: Dr. Maya Bassil is an Associate Professor of Human Nutrition at Qatar University. Dr. Bassil received her BS in Nutrition & Dietetics and MS in Human Nutrition from the American University of Beirut in Lebanon. Consequently, She completed her PhD in Human Nutrition at McGill University, Canada then moved to the Lebanese American University as an assistant professor (later promoted to associate professor), before joining Qatar University this academic year. Dr. Bassil is also a licensed dietitian in Lebanon. Her main research interest addresses Nutrition in diabetes as part of the interdisciplinary diabetes management, with a focus on the role of social determinants of health in diabetes care and health outcomes



Dr. Ola Sukkarieh, Associate Professor of Nursing

Dr. Ola Sukkarieh: Dr. Ola Sukkarieh is an Associate Professor of Nursing at Alice Ramez Chagoury School of Nursing. Dr. Sukkarieh graduated from University of Balamand with a BS degree in Nursing and pursued a Master's Degree in Public Health from American University of Beirut. Afterwards, she pursued her PhD studies in Nursing Science and Research at Northeastern University, USA. Dr. Sukkarieh is a licensed Registered Nurse in Lebanon. She is interested in diabetes self-management and cultural values, mainly diabetes fatalism. Dr. Sukkarieh is currently tapping into understanding social determinants of health and its relationship with diabetes outcomes that informs nursing practice.